

Training Workshop Calendar

February – July 2019

DUNEDIN

FEBRUARY	PUBLIC WORKSHOPS	DURATION	PRICE + GST
1	Leading Yourself & Others through Change	Full day	\$495
7	Providing AWESOME Customer Service	Full day	\$495
12	Time Management	Full day	\$495
19	Negotiation Skills	Full day	\$495
26	Effective Communication Skills	Full day	\$495
28	Assertiveness & having Conversations that Matter	Full day	\$495

MARCH	PUBLIC WORKSHOPS	DURATION	PRICE + GST
19	Giving & Receiving Feedback	Full day	\$495
21	Presentaion Skills	Full day	\$495
26	Train the Trainer	Full day	\$495
27-29	Introduction to Management & Leadership Includes your Personal Belbin Report & 1:1 (2hr) coaching session.	3 days	\$1495* Early Bird Special \$1250*

APRIL	PUBLIC WORKSHOPS	DURATION	PRICE + GST
2	Courageous Conversations	Full day	\$495
4	Motivating & Influencing Others	Half day	\$295
9	Leading Yourself & Others through Change	Full day	\$495
11	Wellness in the Workplace	Half day	\$295

MAY	PUBLIC WORKSHOPS	DURATION	PRICE + GST
2	Effective Communication Skills	Full day	\$495
7	Conflict Management	Full day	\$495
14	MBTI – Me, Myself & I – discovering Personal Strengths using Mypers Briggs Type Indicator (MBTI)	Half day	\$375*
28	Leadership in the Permanent Whitewater	Full day	\$495

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JUNE	PUBLIC WORKSHOPS	DURATION	PRICE + GST
4	AWESOME Customer Service	Full day	\$495
6	Interviewing Skills & Techniques	Full day	\$495
11	Train the Trainer	Full day	\$495
19 - 21	Skills of the Effective Team Leader Includes your Personal Belbin Report & 1:1 (2hr) coaching session.	3 days	\$1495* Early Bird Special \$1250*
25	Wellness in the Workplace	Half day	\$295
27	Leading Yourself & Others Through Change	Full day	\$495

JULY	PUBLIC WORKSHOPS	DURATION	PRICE + GST
2	Motivating & Influencing Others	Half day	\$295
4	Finetuning Your Assertiveness	Full day	\$495
23	Working to your Strengths includes your Personal Belbin Team Types Report & 1:1 (2hr) coaching session.	Full day	\$575*
25	Managing Performance Effectively	Full day	\$495
30	Courageous Conversations	Full day	\$495

Please note:

- Dates may be subject to change.
- Subsidised Not-for-profit rates available upon consultation.
- *Includes the cost of the MBTI (Myers Briggs Type Indicator) or Belbin's Online Assessment & Personal Profile
- Workshops can be run as **In-house training workshops** tailor-made to suit the needs of you, your team & your organisation's mission, values & focus & as **Training Bites**.
- 1:1 Coaching options.

**For further public workshop information &
on our full suite of offerings call us on
03 478 0061 or visit our website**

www.freespiritnz.com